





9th International Congress OF INTERNAL MEDICINE

Organizers:

-  INSTITUTE OF INTERNAL MEDICINE & HEPATOLOGY, LARISSA, GREECE
-  DEPARTMENT OF MEDICINE & RESEARCH LABORATORY OF INTERNAL MEDICINE
UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE
Director: Professor G.N. Dalekos


In cooperation with:

-  HELLENIC ASSOCIATION FOR THE STUDY OF THE LIVER
-  HELLENIC STROKE ORGANIZATION

Endorsed by:

-  EUROPEAN FEDERATION OF INTERNAL MEDICINE
-  FOUNDATION FOR THE DEVELOPMENT OF INTERNAL MEDICINE IN EUROPE

Under the auspices of the:
MINISTRY OF HEALTH, GREECE

-  UNIVERSITY OF THESSALY MEDICAL SCHOOL,
LARISSA, GREECE

March 9-11, 2017

Hilton Athens Hotel
Athens, Greece

www.internalmedicine-uth.gr

The Congress will be submitted to be approved
with CME credits by the Panhellenic Medical Association

PRELIMINARY PROGRAM

ORGANIZATION

Organizers:



INSTITUTE OF INTERNAL MEDICINE & HEPATOLOGY, LARISSA, GREECE



**DEPARTMENT OF MEDICINE & RESEARCH LABORATORY OF INTERNAL MEDICINE,
UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE**

Director: Professor G.N. Dalekos

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Members: K. Krapis
K.P. Makaritsis
C. Mandros
G. Ntaios

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ORGANIZATION

In cooperation with:



HELLENIC ASSOCIATION FOR THE STUDY OF THE LIVER



HELLENIC STROKE ORGANIZATION

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Endorsed by:



EUROPEAN FEDERATION OF INTERNAL MEDICINE



FOUNDATION FOR THE DEVELOPMENT OF INTERNAL MEDICINE IN EUROPE

Under the auspices of:

MINISTRY OF HEALTH, GREECE



UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE

PRELIMINARY SCIENTIFIC PROGRAMME



Thursday, March 9, 2017

09:00 - 10:30 ORAL PRESENTATIONS

Chairpersons: TBA

10:30 - 11:00 STATE-OF-THE-ART LECTURE

Chairperson: **Dimitrios Samonakis** (Heraklion, Greece)

Importance of European registries on rare liver diseases:
The paradigm of autoimmune hepatitis
Rodrigo Liberal (London, UK)

11:00 - 11:30 Coffee break

11:30 - 13:00 ROUND TABLE

Hypolipidemic treatment: What is new?

Chairperson: **Moses Elisaf** (Ioannina, Greece)

Should we treat everyone above 60 years with a statin?
Chris J. Packard (Glasgow, UK)

Familial hypercholesterolemia diagnosis and treatment:
Can we perform better?

G. Kees Hovingh (Amsterdam, The Netherlands)

PCSK9 inhibition: What is hot in 2017?

Terje Rolf Pedersen (Oslo, Norway)

13:00 - 14:00 SYMPOSIUM

Intensive blood pressure control

Chairperson: **Alberto Zanchetti** (Milan, Italy)

Pros

Michel Burnier (Lausanne, Switzerland)

Cons

Alberto Zanchetti (Milan, Italy)



PRELIMINARY SCIENTIFIC PROGRAMME



Thursday, March 9, 2017

14:00 - 14:30 SATELLITE LECTURE

14:30 - 16:00 Leisure time

16:00 - 17:30 ROUND TABLE

Stroke etiology and management

Hellenic Stroke Organization

Chairpersons: Jose Ferro (Lisbon, Portugal)

George Ntaios (Larissa, Greece)

Stroke in the young

Jukka Putaala (*Helsinki, Finland*)

Drug-induced stroke

Jose Ferro (*Lisbon, Portugal*)

Can we predict thrombolysis-associated symptomatic intracranial hemorrhage?

Daniel Strbian (*Helsinki, Finland*)

Management of intracranial artery stenosis

Christian Weimar (*Essen, Germany*)

17:30 - 18:00 SATELLITE LECTURE

PRELIMINARY SCIENTIFIC PROGRAMME



Thursday, March 9, 2017

18:00 - 19:30 **ROUND TABLE**
Heart and stroke

Hellenic Stroke Organization

Chairpersons: Heinrich Mattle (Bern, Switzerland)

Konstantinos Spengos (Athens, Greece)

Patent foramen ovale in cryptogenic stroke:
Closure, antiplatelets or anticoagulants?

Heinrich Mattle (Bern, Switzerland)

Optimal strategy for detection of atrial fibrillation in patients
with cryptogenic stroke

Martin Kohrmann (Erlangen, Germany)

Acute treatment in patients with acute ischemic stroke
treated with oral anticoagulants

George Ntaios (Larissa, Greece)

19:30 - 19:45 **Break**

19:45 - 21:00 **OPENING CEREMONY**

Welcome

Inaugural Lecture

Improving health care by innovations and clinical research

Daniel Sereni (Paris, France)

*President of the Foundation for the Development of Internal
Medicine in Europe (FDIME)*

21:00 **WELCOME RECEPTION**



PRELIMINARY SCIENTIFIC PROGRAMME



Friday, March 10, 2017

08:30 - 10:00 ORAL PRESENTATIONS

Chairpersons: TBA

10:00 - 11:30 ROUND TABLE

Obesity: From epidemiology to treatment

*Chairpersons: Hermann Toplak (Graz, Austria)
Peter Nilsson (Malmo, Sweden)*

Epidemiology, definition and diagnosis of obesities
Hermann Toplak (Graz, Austria)

Obesity, impaired glucose metabolism and vascular changes
Peter Nilsson (Malmo, Sweden)

Mechanisms of obesity induced hypertension
Vasilios Kotsis (Thessaloniki, Greece)

Novel drugs in the treatment of obesity
Jens Jordan (Hannover, Germany)

PARALLEL SESSION

10:00 - 11:30 ROUND TABLE

Advances in viral hepatitis management

Hellenic Association for the Study of the Liver

*Chairpersons: Stephanos J. Hadziyannis (Athens, Greece)
John Koskinas (Athens, Greece)*

Chronic hepatitis B: Discontinuation of oral antivirals
Stephanos J. Hadziyannis (Athens, Greece)

Chronic hepatitis C: Challenges in special populations
Heiner Wedemeyer (Hannover, Germany)

Chronic hepatitis delta: An update
Cihan Yurdaydin (Ankara, Turkey)

PARALLEL SESSION



Friday, March 10, 2017

11:30 - 12:00 E-poster viewing/Coffee Break

PARALLEL SESSION

12:00 - 13:30 ROUND TABLE

New developments in diabetes mellitus

Hellenic Diabetes Association

Chairpersons: Nikolaos Papanas (Alexandroupolis, Greece)

George Dimitriadis (Athens, Greece)

Novel approaches to manage dyslipidaemia, NAFLD and CV risk in type 2 diabetes

Manfredi Rizzo (Palermo, Italy)

Silent myocardial ischaemia in diabetes:

New developments

Paul Valensi (Paris, France)

Diabetic neuropathy: New developments in early diagnosis and treatment

Dan Ziegler (Düsseldorf, Germany)

PARALLEL SESSION

12:00 - 13:30 ROUND TABLE

Treatment innovations in rheumatic diseases

Chairpersons: Loic Guillevin (Paris, France)

Yves Renaudineau (Brest, France)

Treatment of ANCA-associated vasculitis: Questions and concerns

Loic Guillevin (Paris, France)

Biological-targeted treatments in giant cell arteritis and eosinophilic granulomatosis with polyangiitis (Churg-Strauss)

Maxime Samson (Dijon, France)

Primary Sjögren's syndrome: How to improve specific treatment?

Yves Renaudineau (Brest, France)

Axial spondyloarthritis and psoriatic arthritis: Emerging treatment strategies

Menelaos N. Manoussakis (Athens, Greece)



PRELIMINARY SCIENTIFIC PROGRAMME



Friday, March 10, 2017

13:30 - 14:00 SATELLITE LECTURE

14:00 - 15:30 E-poster viewing/Leisure time

15:30 - 16:30 SYMPOSIUM
Staphylococcal infections

Chairperson: **Serhat Unal** (Ankara, Turkey)

Choosing antibiotics in difficult to treat staphylococcal infections

Francesco Menichetti (Pisa, Italy)

Optimizing treatment strategies in *S. aureus* bacteremia
Serhat Unal (Ankara, Turkey)

16:30 - 17:00 STATE-OF-THE-ART LECTURE

Hellenic Stroke Organization

Chairperson: **Konstantinos Vemmos** (Athens, Greece)

Transient ischemic attack and minor strokes: Definition, diagnosis, imaging and natural history

Pierre Amarenco (Paris, France)

17:00 - 17:45 SATELLITE SYMPOSIUM

17:45 - 18:15 E-poster viewing/Break

PRELIMINARY SCIENTIFIC PROGRAMME



Friday, March 10, 2017

18:15 - 19:45 ROUND TABLE

Internal Medicine in the 21st century

European Federation of Internal Medicine (EFIM)

Chairpersons: **Pier Mannuccio Mannucci** (*Milan, Italy*)

George N. Dalekos (*Larissa, Greece*)

European Curriculum of Internal Medicine

Runólfur Pálsson (*Reykjavik, Iceland*)

Choosing wisely: To be or not to be - that's the question

Nicola Montano (*Milan, Italy*)

The role of EFIM publications for trainees and specialists

Pier Mannuccio Mannucci (*Milan, Italy*)

19:45 - 20:15 STATE-OF-THE-ART LECTURE

Chairperson: **George Ntaios** (*Larissa, Greece*)

Selecting the appropriate antithrombotic strategy in atrial fibrillation

Gregory Lip (*Birmingham, UK*)

20:15 - 21:00 SATELLITE SYMPOSIUM



PRELIMINARY SCIENTIFIC PROGRAMME



Saturday, March 11, 2017

08:30 - 09:30 ORAL PRESENTATIONS

Chairpersons: TBA

09:30 - 11:00 ROUND TABLE

Global health security: Threats and opportunities

*Chairpersons: Christos Hadjichristodoulou (Larissa, Greece)
Ioannis Baskozos (Athens, Greece)*

PARALLEL SESSION

Global health and population movements

Varvara Mouchtouri (Larissa, Greece)

The role of points of entry (ports, airports, ground, crossings) in global health security

Daniel Lins Menucci, WHO Headquarters (Lyon, France)

The impact of the International Health Regulations 2005 in global health security

Thomas Hofmann, WHO Euro (Copenhagen, Denmark)

The role of European Union in the global health security

TBA

09:30 - 10:30 SYMPOSIUM

Acute kidney injury after abdominal surgery

Chairperson: Runólfur Pálsson (Reykjavik, Iceland)

PARALLEL SESSION

Definition, classification and diagnosis of acute kidney injury

José António Lopes (Lisbon, Portugal)

Acute kidney injury after abdominal surgery: Risk factors and management

Runólfur Pálsson (Reykjavik, Iceland)

PRELIMINARY SCIENTIFIC PROGRAMME



Saturday, March 11, 2017

11:00 - 11:30 STATE-OF-THE-ART LECTURE

Chairperson: Panayiotis G. Vlachoyiannopoulos (Athens, Greece)

Autoimmune serology: The strategy, methodology and clinical governance

Diego Vergani (London, UK)

11:30 - 12:00 E-poster viewing/Coffee break

12:00 - 13:30 ROUND TABLE
Autoimmune cholestatic liver diseases

*Chairpersons: Gideon Hirschfield (Birmingham, UK)
Henk R. van Buuren (Rotterdam, The Netherlands)*

Scientific and practical aspects of registries in primary biliary cholangitis (PBC)

Henk R. van Buuren (Rotterdam, The Netherlands)

PBC: Old and novel therapies
Annarosa Floreani (Padova, Italy)

Variant syndromes: Classification and management
Albert Pares (Barcelona, Spain)

Deranged cholestatic enzymes in a patient with inflammatory bowel disease: What to do?
Gideon Hirschfield (Birmingham, UK)

13:30 - 14:00 STATE-OF-THE-ART LECTURE

Chairperson: Nikolaos K. Gatselis (Larissa, Greece)

Disease specific IVIG to treat diverse autoimmune diseases

Miri Blank (Tel Aviv, Israel)

PRELIMINARY SCIENTIFIC PROGRAMME



Saturday, March 11, 2017

14:00 - 14:30 SATELLITE LECTURE

14:30 - 16:00 E-poster viewing/Leisure time

PARALLEL SESSION

16:00 - 17:30 ROUND TABLE
Highlights in intensive care unit (ICU) infections

Chairperson: George Dimopoulos (Athens, Greece)

Prevention of ventilator-associated pneumonia (VAP):
Could be realistic?

Stijn Blot (*Ghent, Belgium*)

Reducing the antifungal drugs consumption in the ICU
Philippe Montravers (*Paris, France*)

Fighting multi-drug resistant (MDR) pathogens in the ICU
Murat Akova (*Ankara, Turkey*)

PARALLEL SESSION

16:00 - 17:30 ROUND TABLE
NAFLD - NASH: From pathogenesis to treatment

Chairpersons: Vlad Ratziu (Paris, France)

Emmanuel A. Tsochatzis (*London, UK*)

Steatosis and metabolic risk factors: Who is at risk of liver
disease progression

Mattias Ekstedt (*Linköping, Sweden*)

NAFLD genetics

Quentin Anstee (*Newcastle, UK*)

Non-invasive assessment of liver fibrosis in NAFLD

Emmanuel Tsochatzis (*London, UK*)

Novel pharmacotherapy options for NASH

Vlad Ratziu (*Paris, France*)

PRELIMINARY SCIENTIFIC PROGRAMME



Saturday, March 11, 2017

17:30 - 18:00 STATE-OF-THE-ART LECTURE

Chairperson: Spyridon Dourakis (Athens, Greece)

The coagulopathy of chronic liver disease

Pier Mannuccio Mannucci (Milan, Italy)

18:00 - 19:00 SYMPOSIUM

Lymphocyte disruptions in autoimmune diseases

Chairperson: Yves Renaudineau (Brest, France)

Diagnostic accuracy of lymphocyte subset profiling in autoimmune diseases

Christophe Jamin (Brest, France)

Myeloid populations are altered in systemic autoimmune diseases

Concepción Marañón (Granada, Spain)

PARALLEL SESSION

18:00 - 19:00 SYMPOSIUM

Practical guidelines for diagnosis, management and outcome of drug-induced liver injury (DILI)

Chairperson: Annarosa Floreani (Padova, Italy)

Diagnostic evaluation of suspected DILI

Ynto de Boer (Amsterdam, The Netherlands)

Management and outcome of DILI in patients with or without chronic liver disease

Alexandra Alexopoulou (Athens, Greece)

PARALLEL SESSION

19:00 - 19:30 Coffee Break

19:30 - 21:00 SATELLITE SYMPOSIUM